

Warning!

This device may enhance performance.



Portable Thoracic Rack

www.portacoverery.com



The Portable Thoracic Rack (PTR) was specifically designed for the Triathlete and Cyclist. Long hours on the bike cause immobility through the thoracic spine (mid portion of your back), decreasing your ability to get into your time trial position on the bike, streamline in the pool and upright running stance during running. The PTR mobilises your thoracic spine, giving you the necessary extension to achieve maximum performance.

The PTR is extremely light for traveling (1.2 kg's), easy to store or carry in your travel bag and doesn't charge per visit!

But beware,.. It may enhance performance.

Go to www.portacoverery.com for more information on the PTR.

Mirinda Carfrae

World Champion 70.3—2007

"The Portable Thoracic Rack has become an extremely useful tool in my everyday training. It helps to relieve the tightness that inevitably occurs from hours spent in the pool or out on the bike. I am not the most proactive when it comes to anything stretching related but really love this rack, it is easy to use & takes virtually zero effort, just a few minutes on the rack & voila! I walk away feeling great"